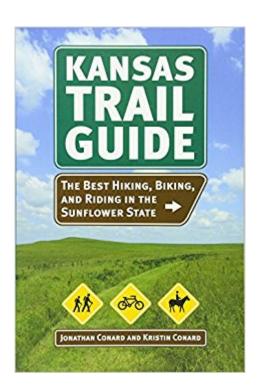


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# Kansas Trail Guide: The Best Hiking, Biking, And Riding In The Sunflower State





## **Synopsis**

From the windswept plains to the majestic Flint Hills, the subtle beauty of the Sunflower State is best appreciated from its myriad wide-ranging trails. And whether youà ¿Â re an avid hiker or desultory explorer, a bicyclist or horseback rider, this book makes a most congenial guide. An invaluable companion for exploring new trails or learning about accustomed routes, this comprehensive guide will tell you all you need to know (as well as what it might surprise you to learn) about the trails that crisscross Kansasââ ¬â history and geography, wildlife and scenery, park locations and cultural possibilities, and, now and then, even a bit of geology and botany. The illustrated guide includes detailed full-color maps, GPS coordinates, and, of course, extensive route descriptionsââ ¬â hrough historic sights and prairies and state parks, to lakes and rivers and wildlife refuges. The authors identify the best trails for families or going solo; for running or hiking, biking or horseback riding; for hunting wildflowers, encountering wildlife, enjoying scenic vistas, or exploring Kansas history. They also include helpful descriptions of flora and fauna, and historical highlights for each area. Concise, complete, and engaging, this is the guide anyone journeying the trails of Kansas, seasoned hiker and armchair traveler alike, should not be without.

## **Book Information**

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### Customer Reviews

"Kansas holds many hidden treasures in its continually expanding trail system. This book is a great starting place for people wanting to explore some of the adventurous and recreational trails our beautiful state has to offer."  $\tilde{A}\phi\hat{a} - \hat{a}$  \*Lyle Riedy, President of the Kansas Trails Council  $\tilde{A}$   $\hat{A}$  Grab your binoculars, camera and lunch, pack up the family, and let the Conards lead you

on an adventure. ÃÂÂÂ Whether you prefer exploring by foot, bike or horseback, this extensive guide showcases the best of natural Kansas.à ¿Â Youââ ¬â,,¢ll be amazed at what you find!à ¿Â Ã¢â ¬â •Bob Gress, Director emeritus of Great Plains Nature Center "With photos, maps, and detailed descriptions, this book will take you down trails that you $\tilde{A}$ ¢ $\hat{a}$   $\neg \hat{a}$ ,¢II never forget. Hike  $\tilde{A}\phi\hat{a} - \hat{a}_{,,\phi}em$ , bike  $\tilde{A}\phi\hat{a} - \hat{a}_{,,\phi}em$ , ride a horse on  $\tilde{A}\phi\hat{a} - \hat{a}_{,,\phi}em$ . Grab this book and get out there."â⠬⠕Rex Buchanan, Director of Kansas Geological Survey"Besides appreciating the great outdoors, the guide also features plenty of trails for history lovers. This book will help readers explore Kansas and should correct inaccurate stereotypes about what Kansas is like."¢â ¬â •Kansas History"With photos, maps, and detailed descriptions, this book will take you down trails that youA ¿Â II never forget. Hike à ¿Â em, bike à ¿Â em, ride a horse on à ¿Â em. Grab this book and get out there."â⠬⠕Rex Buchanan, Director of Kansas Geological Surveyà ¿Â Grab your binoculars, camera and lunch, pack up the family, and let the Conards lead you on an adventure. à ¿Â Whether you prefer exploring by foot, bike or horseback, this extensive guide showcases the best of natural Kansas. ÿ YouÿÂ II be amazed at what you find! A A¿A A¢a ¬a •Bob Gress, Director emeritus of Great Plains Nature Center"Kansas holds many hidden treasures in its continually expanding trail system. This book is a great starting place for people wanting to explore some of the adventurous and recreational trails our beautiful state has to offer."â⠬⠕Lyle Riedy, President of the Kansas Trails Council

Jonathan Conard is assistant professor at Sterling College, in Sterling, Kansas. Kristin Conard is a lecturer at Santa Clara University and the University of Santa Cruz, and a freelance writer whose work has appeared in many publications including Travel + Leisure, Conde Nast Traveler, and BBC Travel.

Kansas is underrated when it comes to opportunities for outdoor recreation, particularly trail-running and mountain biking. Although there are other trail guides for Kansas trails, most are sport-specific (i.e., focusing on mountain bike trails or hiking trails) and none are as comprehensive as this. This book covers all of the Kansas trails, including ones that I was unfamiliar with, even though I am constantly looking for local trails. Detailed descriptions of the trails, accompanied by good photographs and maps, and directions to the trailheads make this book a "must have" for anyone who is interested in trails in the state. Very highly recommended.

Excellent written book! Can't wait until it warms up a little more to hit the trails

A great resource for all outdoorsy types! We are using it as a resource to explore more of our home state.

Great family effort! Wonderful pictures. Inspires to plan hikes, outdoor activities, enjoy God's gift of nature. Certainly a must for Kansans.

Great book!! The book is very complete with maps, photos and useful narrative. I look forward to many great hikes using this book as a valuable resource!

I bought this for my boy and his wife. They love it. They have been to parks and never knew there were that many trails. Agreat perchase

I bought this book in anticipation of a trip to Kansas next Spring. Looks like it has lots of information and is well organized. I haven't got to use it to find places but am optimistic.

Very well written and indexed. Hard to cover all of Kansas in one book, but gave it a good try.

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